

Gaillac, France - Wine & Cycling Trip:

Oldest vineyard in France - Wine & Cycling

Location:	Gaillac, Tarn, France
Emphasis:	Wine & Cycling
Dates:	May - September
Trip Duration:	7 days / 6 nights
Trips Size:	2 People minimum



Extras:

Bike rental:

Airport Transfer:

Single Room Supplement:



During this trip you will be based out of the town of Gaillac in the Tarn region in southern France. This area is the oldest vineyard in France and offers some spectacular and varied riding.

Our Base will be a 3 Star hotel located within walking distance of the old-town and the local restaurants and cafes. All rides will start from here, giving you plenty of time to recover and enjoy the local area as well as getting in a solid week of cycling.

WHAT'S INCLUDED:

- Accommodation
- All breakfasts
- 3 evening meals
- Winery tour
- All Rides

WHAT IS NOT INCLUDED:

- Airfare / travel
- Airport Transfer (Optional)
- Insurance
- Lunches
- Some evening meals
- Bike Rental (Optional)

Trip details:*

Day 1,

Arrival



Today is the official start of the Trip. Depending on your arrival time we will meet you at the hotel and may have time to get in a short ride before our Welcome Dinner.

Day 2,

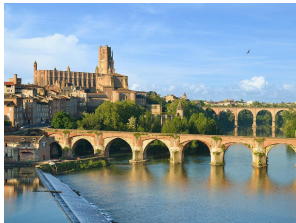
First Ride: 80km

Today will be our first official ride through some of the vineyards and old villages of the area. Our ride today will be on rolling terrain.



Day 3,

Ambialet & Albi: 110km



We will head away from the vines for today's ride and head into the Tarn Valley. The Tarn is the river that has given the area its name. Some of today's ride has featured in a number of Tour de France stages. We will also ride through the UNESCO World Heritage town of Albi, home of the artist Toulouse Lautrec and well known for its 13th Century Cathedral and its lavishly decorated interior.

Day 4,

Wine Tasting



We will do something a little different today. We will have a day off the road bikes and swap onto some stereotypical old french town bikes for a short stroll through the countryside as we visit a couple of the local wineries for a little wine tasting. We will take a break and enjoy a relaxing picnic of local products before heading back to the hotel. In the afternoon we will arrange a guided visit of a local winery, before our evening meal.



Day 5,

The home of Garlic: 80km



Our ride today will take us past some vines and sunflower fields on our way to the town of Lautrec, which has given it's name to the traditional French pink garlic. We can have a look around this old town and maybe stop for a drink or a bite to eat before completing the loop on some quiet farming roads.

Day 6,

The best for last: 110km

We have saved the best ride for last. Today's ride takes us through a variety of terrain and scenery, from vineyards to gorges and along rivers as we do a loop past some of the hilltop villages the area is known for. There is a beautiful old town half way through our ride where we can stop and enjoy lunch before completing the loop for our fina ride of the trip.

This evening we will have a farewell dinner.



Day 7,

Departure

Today we sadly say goodbye.

**Subject to minor changes according to the time of year